



## Autumn, Spring & Easter Qualifying Meets 2019-2020 Meet Information

Meet	Date	Venue	Closing Date for Entries / Payment
Autumn Qualifying Meet (SC)	19 <sup>th</sup> & 20 <sup>th</sup> October 2019	Lagan Valley Leisureplex, Lisburn	9.10.19
Spring Qualifying Meet (LC)	1 <sup>st</sup> & 2 <sup>nd</sup> February 2020	Aurora Aquatic & Leisure Complex, Bangor	22.1.20
Easter Qualifying Meet (LC)	14 <sup>th</sup> & 15 <sup>th</sup> March 2020	Aurora Aquatic & Leisure Complex, Bangor	4.3.20

### Age Groups:

Minimum entry age is 10yrs

Male: 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16yrs, 17 & older

Female: 10yrs, 11yrs, 12yrs, 13yrs, 14yrs, 15yrs, 16 & older

**Age Up Date:** Autumn Qualifying Meet – 31<sup>st</sup> December 2019

Spring & Easter Qualifying Meets – 31<sup>st</sup> December 2020 – qualifying times for these meets will be published in October 2019

**Events:** A full Olympic 2020 Programme plus 50m Backstroke, Breaststroke and Butterfly, 100 Individual Medley (if held in a 25m pool)

All events are Heat Declared Winner

**Awards:** Medals will be awarded to the fastest 3 swimmers in each age group in each event.

**Multi Class/Disability Athletes :** Swimmers with a disability who have achieved the qualifying time for any event will be subject to all the terms of open competition and will not be eligible for a separate Multi Class Award. Other swimmers with a disability who have not achieved a qualifying time will, as far as is practical, swim together in a Multi-Class heat and medals will be awarded to the first 3 places irrespective of classification and age.

**Entries:** Swimmers entering the Autumn Qualifying Meet must be a member of a Swim Ulster affiliated club or a club from outside Ireland registered with their National Federation. The Spring & Easter Qualifying Meets are open meets and entries will be accepted from swimmers registered with their National Federation. Entries to be emailed to [admin@swimulster.net](mailto:admin@swimulster.net). All entries must be submitted on the meet Hy-tek file and include a time – **entries will NOT be accepted without a time**. All times must be achieved in a **Level 2 Licensed Meet** during the 12 months prior to the entry closing date. The Swim Ireland Registration number or equivalent for each swimmer must be included in the file.

**Price:** £5 / €6 per event. Payment should be forwarded to the Swim Ulster Office by the closing date.

## **Progression from Development Meets:**

Once a swimmer has achieved the criteria outlined below, they can enter ANY event for which they have achieved a Qualifying Standard plus a maximum of three bonus swims:

1. **Swimmers aged 10-11yrs** Individual Medley Assessment – a legal 100m IM for 10yrs or 200IM for 11yrs with streamline head past flags plus two qualifying standards from eligible events
2. **Swimmers aged 12&over** Three qualifying standards in two different strokes

*Swimmers must achieve the Individual Medley Assessment in a Swim Ulster Development Meet however they can achieve qualifying standards for other events in any Level 2 Licensed Meet*

A list of swimmers achieving the required Individual Medley Assessment will be circulated to clubs following each Development Meet. It is the responsibility of coaches to refer to this list when submitting entries.

New Qualifying Standards will be in place from 1<sup>st</sup> January 2020 and any swimmer competing in Development Meets must achieve the new standards to progress to Qualifying Meets. A swimmer achieving the new standards prior to 31<sup>st</sup> December will progress to the Qualifying Meets in 2020 and has until the end of the 2019-2020 season to achieve the aged up qualifying standards.

### **Swimmers who competed in the Qualifying Meets during the 2018-2019 season:**

1. **Swimmers born 2008 or 2009** must have achieved qualifying standards in 100m IM for 10yrs or 200m IM for 11yrs plus 2 other qualifying times from eligible events.
2. **Swimmers born 2007 or earlier** must have achieved any three qualifying standards in two different strokes.

A swimmer aging up on 1<sup>st</sup> January 2020 has until the end of the 2019-2020 season to achieve the aged up qualifying standards.

The swimmer can then enter **ANY** event for which they have achieved a Qualifying Standard plus a maximum of three bonus swims.



## Programme of Events

*Due to Swim Ireland Licensing restrictions, session times must not exceed 4 hours per session*

**\*\* session times may be changed if there are a large number of entries**

<b>Autumn Qualifying Gala (Short Course Format)</b>	<b>Spring Qualifying Gala (Long Course Format)</b>	<b>Easter Qualifying Gala (Long Course Format)</b>
<b>Session 1 Sat AM **Warm up 9am Start 10am</b>	<b>Session 1 Sat AM **Warm up 9am Start 10am</b>	<b>Session 1 Sat AM **Warm up 9am Start 10am</b>
Men's 200m Free	Women's 200m Free	Men's 200m Free
Women's 100m Breast	Men's 100m Breast	Women's 100m Breast
Men's 100m Back	Women's 100m Back	Men's 100m Back
Women's 200m Butterfly	Men's 200m Butterfly	Women's 200m Butterfly
Men's 200m Breast	Women's 200m Breast	Men's 200m Breast
Women's 50m Back	Men's 50m Back	Women's 50m Back
Men's 200m Individual Medley	Women's 200m Individual Medley	Men's 200m Individual Medley
Women's 800m Freestyle	Mixed 1500m Free	Mixed 800m Freestyle
<b>Session 2 Sat PM **Warm up 1pm Start 2pm</b>	<b>Session 2 Sat PM **Warm up 1pm Start 2pm</b>	<b>Session 2 Sat PM **Warm up 1pm Start 2pm</b>
Women's 100m Free	Men's 100m Free	Women's 100m Free
Men's 400m Free	Women's 400m Free	Men's 400m Free
Women's 400m Individual Medley	Men's 400m Individual Medley	Women's 400m Individual Medley
Men's 100m Butterfly	Women's 100m Butterfly	Men's 100m Butterfly
Women's 200m Back	Men's 200m Back	Women's 200m Back
Men's 50m Free	Women's 50m Free	Men's 50m Free
Women's 50m Butterfly	Men's 50m Butterfly	Women's 50m Butterfly
Men's 50m Breast	Women's 50m Breast	Men's 50m Breast
Women's 100m Individual Medley		
<b>Session 3 Sun AM **Warm up 9am Start 10am</b>	<b>Session 3 Sun AM **Warm up 9am Start 10am</b>	<b>Session 3 Sun AM **Warm up 9am Start 10am</b>
Women's 200m Free	Men's 200m Free	Women's 200m Free
Men's 100m Breast	Women's 100m Breast	Men's 100m Breast
Women's 100m Back	Men's 100m Back	Women's 100m Back
Men's 200m Butterfly	Women's 200m Butterfly	Men's 200m Butterfly
Women's 200m Breast	Men's 200m Breast	Women's 200m Breast
Men's 50m Back	Women's 50m Back	Men's 50m Back
Women's 200m Individual Medley	Men's 200m Individual Medley	Women's 200m Individual Medley
Men's 1500m Free	Mixed 800m Freestyle	Mixed 1500m Free
<b>Session 4 Sun PM **Warm up 1pm Start 2pm</b>	<b>Session 4 Sun PM **Warm up 1pm Start 2pm</b>	<b>Session 4 Sun PM **Warm up 1pm Start 2pm</b>
Men's 100m Free	Women's 100m Free	Men's 100m Free
Women's 400m Free	Men's 400m Free	Women's 400m Free
Men's 400m Individual Medley	Women's 400m Individual Medley	Men's 400m Individual Medley
Women's 100m Butterfly	Men's 100m Butterfly	Women's 100m Butterfly
Men's 200m Back	Women's 200m Back	Men's 200m Back
Women's 50m Free	Men's 50m Free	Women's 50m Free
Men's 50m Butterfly	Women's 50m Butterfly	Men's 50m Butterfly
Women's 50m Breast	Men's 50m Breast	Women's 50m Breast
Men's 100m Individual Medley		



**Swim Ulster Qualifying Meet**  
**Qualifying Times 2019 (up to 31<sup>st</sup> December 2019)**  
**(Short Course)**

Female									Male							
17&over	16yrs	15yrs	14yrs	13yrs	12yrs	11yrs	10yrs		10yrs	11yrs	12yrs	13yrs	14yrs	15yrs	16yrs	17&over
00:30.49	00:30.76	00:31.59	00:32.10	00:34.08	00:34.94			50m Free			00:35.13	00:33.56	00:31.98	00:30.41	00:29.15	00:28.15
01:07.42	01:09.05	01:09.69	01:10.33	01:11.72	01:15.97	01:21.09	01:27.00	100m Free	01:27.00	01:22.89	01:15.96	01:10.96	01:06.77	01:05.10	01:02.40	01:00.72
02:27.34	02:30.93	02:33.47	02:34.32	02:37.95	02:46.04	02:58.07		200m Free		03:02.97	02:46.45	02:35.21	02:28.28	02:26.43	02:20.64	02:16.00
05:17.57	05:27.83	05:30.50	05:33.17	05:46.31	06:02.34	06:24.82		400m Free		06:19.11	05:59.54	05:40.09	05:18.29	05:15.09	05:02.68	04:55.60
11:00.23	11:17.05	11:22.40	11:31.96	11:53.30	12:39.61			800m Free								
								1500m Free			23:49.17	22:31.86	21:05.20	20:34.18	20:03.16	19:35.02
00:37.34	00:37.34	00:37.34						50m Back						00:35.06	00:35.06	00:35.06
01:17.59	01:19.98	01:21.25	01:22.16	01:23.06	01:27.08	01:32.27	01:38.00	100m Back	01:38.00	01:35.19	01:30.03	01:24.89	01:19.90	01:18.29	01:16.72	01:13.44
02:49.72	02:55.15	02:56.38	02:58.65	03:00.41	03:07.99	03:19.49		200m Back		03:20.38	03:14.33	03:02.83	02:59.34	02:53.58	02:47.82	02:42.45
00:42.31	00:42.31	00:42.31						50m Breast						00:39.86	00:39.86	00:39.86
01:27.84	01:29.82	01:31.49	01:34.31	01:37.28	01:39.53	01:46.57	01:54.00	100m Breast	01:54.00	01:50.43	01:42.72	01:37.35	01:33.07	01:27.07	01:25.60	01:22.47
03:13.47	03:18.47	03:22.02	03:25.58	03:27.76	03:37.25	03:49.61		200m Breast		03:52.31	03:42.72	03:34.37	03:18.74	03:10.09	03:09.32	03:02.85
00:34.58	00:34.58	00:34.58					00:45.00	50m Butterfly	00:45.00					00:32.15	00:32.15	00:32.15
01:16.35	01:19.50	01:23.24	01:24.29	01:25.34	01:31.45	01:44.05		100m Butterfly		01:47.16	01:25.11	01:23.95	01:22.79	01:17.95	01:14.09	01:10.08
03:00.83	03:07.54	03:10.63	03:13.71	03:16.92	03:20.49			200m Butterfly			03:18.58	03:10.27	03:03.02	02:57.14	02:51.26	02:43.73
							<b>01:42.00</b>	100m IM	<b>01:42.00</b>							
02:48.74	02:54.26	02:55.53	02:58.53	03:00.87	03:08.17	<b>03:20.05</b>		200m IM		<b>03:25.04</b>	03:08.82	03:00.95	02:50.92	02:44.08	02:41.23	02:36.37
06:01.96	06:09.92	06:12.47	06:19.96	06:28.85	06:37.74			400m IM			06:39.04	06:23.30	06:07.21	05:49.57	05:43.86	05:34.14

**Only applicable for swimmers aged 10-11yrs who competed in Qualifying Meets during the 2018-2019 season**



**Swim Ulster Qualifying Meet**  
**Qualifying Times 2019 (up to 31<sup>st</sup> December 2019)**  
**(Long Course)**

Female									Male							
17&over	16yrs	15yrs	14yrs	13yrs	12yrs	11yrs	10yrs		10yrs	11yrs	12yrs	13yrs	14yrs	15yrs	16yrs	17&over
00:31.10	00:31.38	00:32.22	00:32.74	00:34.76	00:35.63			50m Free			00:35.83	00:34.23	00:32.62	00:31.02	00:29.73	00:28.71
01:08.77	01:10.43	01:11.08	01:11.74	01:13.15	01:17.49	01:22.71	01:28.74	100m Free	01:28.74	01:24.55	01:17.48	01:12.38	01:08.10	01:06.40	01:03.64	01:01.94
02:30.29	02:33.95	02:36.54	02:37.41	02:41.11	02:49.37	03:01.63		200m Free		03:06.63	02:49.78	02:38.31	02:31.24	02:29.36	02:23.45	02:18.72
05:23.92	05:34.38	05:37.11	05:39.84	05:53.24	06:09.59	06:32.52		400m Free		06:26.69	06:06.73	05:46.89	05:24.66	05:21.40	05:08.74	05:01.51
11:13.43	11:30.59	11:36.05	11:45.80	12:07.57	12:54.81			800m Free								
								1500m Free			24:17.75	22:58.90	21:30.51	20:58.86	20:27.22	19:58.52
00:38.09	00:38.09	00:38.09						50m Back						00:35.77	00:35.77	00:35.77
01:19.15	01:21.58	01:22.87	01:23.81	01:24.72	01:28.82	01:34.11	01:39.96	100m Back	01:39.96	01:37.09	01:31.83	01:26.59	01:21.49	01:19.85	01:18.25	01:14.91
02:53.11	02:58.65	02:59.91	03:02.22	03:04.02	03:11.75	03:23.48		200m Back		03:24.38	03:18.22	03:06.49	03:02.93	02:57.05	02:51.18	02:45.69
00:43.15	00:43.15	00:43.15						50m Breast						00:40.65	00:40.65	00:40.65
01:29.60	01:31.62	01:33.32	01:36.19	01:39.22	01:41.52	01:48.70	01:56.28	100m Breast	01:56.28	01:52.64	01:44.77	01:39.30	01:34.93	01:28.81	01:27.31	01:24.12
03:17.34	03:22.44	03:26.06	03:29.69	03:31.92	03:41.60	03:54.20		200m Breast		03:56.96	03:47.18	03:38.66	03:22.72	03:13.89	03:13.10	03:06.51
00:35.27	00:35.27	00:35.27					00:45.90	50m Butterfly	00:45.90					00:32.80	00:32.80	00:32.80
01:17.87	01:21.09	01:24.90	01:25.98	01:27.05	01:33.28	01:46.13		100m Butterfly		01:49.30	01:26.81	01:25.63	01:24.44	01:19.51	01:15.57	01:11.48
03:04.45	03:11.29	03:14.44	03:17.59	03:20.86	03:24.50			200m Butterfly			03:22.55	03:14.07	03:06.68	03:00.69	02:54.69	02:47.00
02:52.11	02:57.75	02:59.04	03:02.10	03:04.49	03:11.93	<b>03:24.05</b>		200m IM		<b>03:29.14</b>	03:12.59	03:04.57	02:54.34	02:47.37	02:44.45	02:39.50
06:09.20	06:17.32	06:19.92	06:27.56	06:36.62	06:45.69			400m IM			06:47.02	06:30.96	06:14.56	05:56.56	05:50.73	05:40.82

**Only applicable for swimmers aged 10-11yrs who competed in Qualifying Meets during the 2018-2019 season**

